

# Zohreh Tabatabaian Nimavard (CV)

Islamic Azad University, Science and Research Branch, Faculty of medicine, Department of Nutrition

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## 1. EDUCATION

- Master of Science, Clinical Biochemistry, July 1994  
Department of Biochemistry and Medical Science, Tehran University  
MSc Thesis: “*Study of the changes serum proteins in diabetics Type 2 by method Poly Acryl Amid Gel Electrophoresis (PAGE)*”  
Advisors: Dr. Bijan Farzami and Dr. Shahnaz Khaghani
- Bachelor of Science, Nutrition and Food Science, Feb 1976  
University of Shahid Beheshti- Medical Science  
BSc Thesis: Study of the changes serum lipoproteins in the diabetics type 2 by method (PAGE)  
Advisor: Dr. Mahmoud Karimi

## 2. TEACHING EXPERIENCE:

- Being Academic Member (Instructor) Department of nutrition, Faculty of medicine, Science and research Branch, Islamic Azad University, Tehran, Iran (since 1997 up to now)
- Teaching following courses:
  - Biochemistry Metabolism
  - Introduction to Biochemistry
  - Nutrition
  - Nutrition for special groups
  - Teaching some courses about nutrition, dental hygiene and oral health in college of dental medicine Islamic Azad university Tehran Iran (2006-2010)
- Supervised over 400 final projects of Nutrition Students in last nineteen (19) years, including:
  - Analyzing the effects of nutrition in Cardiovascular disease/Alzheimer /Parkinson/ Epilepsy disease
  - Exploiting nutritional care in food Allergy and food intolerance in childhood
  - Studying nutritional care in metabolic stress and metabolic disorder such as Phenylketonuria, Galactosemia, Glycogen storage disease
  - Investigating nutrition for Athletes training and performance
  - Studying the effects of nutrition in ADHD children

➤.Nutritional consideration in analyzing the influence of nutritional care in oral health and dental cavity

### 3- DIET THERAPY EXPERIENCE

- Dietitian in Alvand Hospital (June 1996 - May 2002):
- Diet therapy in Mehr Medicine center (1998- 2002)
- Nutrition consultant in Payetakht health center (2002- now)

### 4- PUBLICATIONS AND LECTURES:

#### • Article Publication

•1-The study of serum protein changes in Diabetic patients with PAGE method published in Nabz journal, espical for medicine society 24 jan1995

#### •book publication

- 1- Z. Tabatabaian,S . Mavadati ,Nutrition for Healthy mouth, Rebecca Sroda, RDH, MS 2010 (Translation)
- 2- Second Edition, Nutrition for a Healthy mouth (2013)

#### •Papers:

- 1- Z.Tabatabaian, M. Doorsian, “Study The Eating Disorder in female athletes and non-athletes students with different body composition”, in 2th American society for nutrition (ASN) middle East congress, February 20-22( 2013),Dubai UAE
- 2- Z. Tabatabaian, “Hypo-calcemia and seizure in children”, Nutrition Congress in Shiraz , Iran, Nov 2011
- 3- Nutritional assessment of pre school children in East and South Zone in Tehran, Nutrition congress in Shiraz, Iran , Nov 2011

#### •Lectures and Presentations:

- 1- Phytochemical & Functional Food
- 2- Soya and the its role in humans health, Sanandaj University, Iran (2005)
- 3- Study of the changes serum proteins in Diabetics type 2 by method Electrophoresis (PAGE), Biochemistry congress, in medical science , Tehran University (1995)
- 4-certificate of attendance in the 8th congress of Nutrition , Medical science , Tehran university, 6-9 sep 2004
- 5- certificate of attendance in samposium of obesity in Iranin ,indocrinology and metabolism research center 2 nov 2006
- 6- certificate of attendance in 9th congress of biochemistry in Iran and 2th international Biochemistry and molucular biology,in medical science , Shiraz university,28 -31 oct 2007
- 7- certificate of attendance in 10th inthernational congress of endocrine disorders Shahid Beheshti international convention center, Tehran , Iran22-24 oct 2014
- 8-certificate of attendance for the 34th congress of the inthernational society for Tramatologyand winter sports medicine, 13-20 dec 2015
- 9- certificate of learning 40 hours windows xp , and 24 hours Ms word computer, 2 Aug 2009

### REFERENCES:

#### •Dr. Mehrdad Ghavami

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