

Zohreh Tabatabaian Nimavard (CV)

Islamic Azad University, Science and Research Branch, Faculty of medicine,
Department of Nutrition

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1. EDUCATION

❖ **Master of Science:** Clinical Biochemistry, July 1994

Department of Biochemistry and Medical Science, Tehran University

MSc Thesis: "Study of the changes serum proteins in diabetics Type 2 by method Poly Acryl Amid Gel Electrophoresis (PAGE)"

Advisors: Dr. Bijan Farzami and Dr. Shahnaz Khaghani

❖ **Bachelor of Science:** Nutrition and Food Science , February 1976

University of Shahid Beheshti- Medical Science

BSc Thesis: Study of the changes serum lipoproteins in the diabetics type 2 by method (PAGE)

Advisor: Dr. Mahmoud Karimi

2. TEACHING EXPERIENCE

❖ **Being Academic Member (Instructor) Department of nutrition, Faculty of medicine, Science and Research Branch, Islamic Azad University, Tehran, Iran (since 1997 up to now)**

❖ **Teaching following courses**

- Biochemistry Metabolism
- Introduction to Biochemistry
- Nutrition
- Nutrition for special groups
- Teaching some courses about nutrition, dental hygiene and oral health in college of dental medicine Islamic Azad university Tehran Iran (2006-2010)

❖ **Supervised over 400 final projects of Nutrition Students in last nineteen (19) years, including:**

- Analyzing the effects of nutrition in Cardiovascular disease/Alzheimer/Parkinson/ Epilepsy disease
- Exploiting nutritional care in food Allergy and food intolerance in childhood
- Studying nutritional care in metabolic stress and metabolic disorder such as Phenylketonuria, Galactosemia, Glycogen storage disease
- Investigating nutrition for Athletes training and performance
- Studying the effects of nutrition in ADHD children
- Nutritional consideration in analyzing the influence of nutritional care in oral health and dental cavity

3- DIET THERAPY EXPERIENCE

- Dietitian in Alvand Hospital (June 1996 - May 2002):
- Diet therapy in Mehr Medicine center (1998- 2002)
- Nutrition consultant in Payetakht health center (2002- now)

4- PUBLICATIONS AND LECTURES:

❖ Article Publication

1-The study of serum protein changes in Diabetic patients with PAGE method published in Nabz journal, especial for medicine society 24 jan1995

❖ Book publication

- 1- Z. Tabatabaian, S. Mavadati, Nutrition for Healthy mouth, Rebecca Sroda, RDH, MS 2010 (Translation)
- 2- Second Edition, Nutrition for a Healthy mouth (2013)

❖ Papers:

- 1- Z. Tabatabaian, M. Doorsian, "Study The Eating Disorder in female athletes and non-athletes students with different body composition", in 2th American society for nutrition (ASN) middle East congress, February 20-22(2013),Dubai UAE
- 2- Z. Tabatabaian, "Hypo-calcemia and seizure in children", Nutrition Congress in Shiraz , Iran, Nov 2011
- 3- Nutritional assessment of preschool children in East and South Zone in Tehran, Nutrition congress in Shiraz, Iran , Nov 2011

❖ Lectures and Presentations:

1. Phytochemical & Functional Food
2. Soya and the its role in humans health, Sanandaj University, Iran (2005)
3. Study of the changes serum proteins in Diabetics type 2 by method Electrophoresis (PAGE), Biochemistry congress, in medical science , Tehran University (1995)
4. Certificate of attendance in the 8th congress of Nutrition , Medical science , Tehran university, 6-9 sep 2004
5. Certificate of attendance in symposium of obesity in Iranian, endocrinology and metabolism research center nov 2006
6. Certificate of attendance in 9th congress of biochemistry in Iran and 2th international Biochemistry and molecular biology, in medical science , Shiraz university,28 -31 Oct. 2007
7. Certificate of learning 40 hours windows xp , and 24 hours Ms word computer, 2 Aug 2009
8. Certificate of attendance in 10th international congress of endocrine disorders Shahid Beheshti international convention center, Tehran , Iran22-24 oct 2014
9. Certificate of attendance for the 34th congress of the international society for Tramatology and winter sports medicine, 13-20 dec 2015
10. Certificate of learning 40 hours windows xp , and 24 hours Ms word computer, 2 Aug 2009
11. Certification poster presentation in 14th international congress Biochemistry of Iran 16-19 Aug 2016
12. Certification of poster presentation in 11th international congress of endocrine disorders Shahid Beheshti international convention center 'Tehran 'Iran 2-4 Nov 2016

REFERENCES:

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